

FRESH SQUEEZE

Volume IX, Final 2023-2024 Collectors Edition

JUNE 17, 2024



Welcome to the Old ,New,
Reborn Fresh Squeeze!!!

**STILL IN COLOR!
SEE ALL ISSUES
ON OUR WEBSITE**

*“We would publish
our hate-mail, but
the dog ate it!”*

—Editor

SPECIAL SWAN SONG ISSUE!

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Power of The Press!

It has been many years since the first edition of the “Squeeze” was published. And actually, a few since the last one was, too. This issue is dedicated to the unrelenting urging of our Pres who, in these days of high-tech, still likes to feel the pages of the halcyon days at his fingertips.



CSR - Mardi Gras in Covina!



CSR held its fabulous annual fund-raiser last month with the new theme, and rave reviews. Raising over \$20k, the event had perfect weather and something for Everyone - from the

auctions to the casino, amazing food and drink, and good times for all that were there.

Associate Explosion

CSR has expanded its base by now accepting Associate memberships into our Club. They enable people to participate in our meetings and activities with reduced financial and attendance requirements. Current members are:



Paul Avila, Jason Cook, Steve DeMuth, Donna Hummer (above), Melanie Jaso, Kyle Nagy, John Pellizzon, and Isabel Valdovinos.

President's Parting Message



To the Club that is Second To None: A heartfelt thank you for all your efforts the last 2 years under my presidency. I felt we accomplished many things and frankly I gave you all I had. Being a Rotary president is an honor, privilege and great life experience. I want to give special thanks to my board who gave much of themselves and their commitment. As we go back and remember our projects and events - Food Packaging program, Stockings for Troops, The Haircut CVUSD Program, Hygiene Closets, Thunderfest, Chili Cook off, Legacy BBQ, History Dinner, Police/Fire Awards, our First Service Club Sunday (7 service clubs), BBB and Mardi Gras Events, OUR new Associate Members

(10-12) and Corporate Members (2) and I am sure I forgot a few more. We Continue to stay relevant and in the forefront in Covina. I am proud of our City partnerships with other Service clubs, Covina PD and City officers. Even during the challenging times, the passing of Jon Pomeroy, Henry Morgan, and Dr. Ed Cooper, knowing these past members guided me in the Man I Am Today. We remember and honor them and keep our traditions alive. Rotary changes lives and we all have that opportunity. We are in a good place with incoming John Espinoza stepping in . He will keep the momentum going. Good Luck John. It has bee a true blessing to serve as your president.

— Humbly Yours in Rotary, Your 3-time president, Robert Avila

Jonathan's Cajun Shrimp Pasta

— By Jonathan Espinoza

1/2 lb of fresh raw shrimp
 2 spicy sausage links
 1 red bell pepper
 1 red onion
 Fresh minced garlic (to taste)
 1 cup of heavy cream
 1/2 cup Parmesan cheese
 1 stick butter (unsalted)
 Parsley as garnish
 Powdered Cajun seasoning

Blacken the shrimp with some butter and olive oil along with the sausage links seasoned with your favorite Cajun powder. Add in garlic, onion and bell pepper on medium high heat. Cook until soft. Add in butter, cream and parmesan cheese with more cajun seasoning to taste. Simmer on low for 20 minutes. Remove from heat and garnish with parsley and serve with fresh garlic bread.



Food Packers

— By *John Espinoza*

This year, CSR once again packaged 15,000 meals for needy families with the help of Covina high Interact, Northview high Interact, Las Palmas interact, Charter Oak high ASB and a local boy scout group. The food packages were then given to several local food banks for distribution, including St Vincent De Paul, Project 9-11, and other local food banks.



Lamest Joke of the Year



An artist asked the gallery owner if there had been any interest in his paintings on display at that time. "I have good news and bad news," the owner replied. "The good news is that a gentleman inquired about your work and wondered if it would appreciate in value after your death. When I told him it would, he bought all 15 of your paintings." "That's wonderful," the artist exclaimed. "What's the bad news?"... Owner says "The guy was your doctor..."

Crouse's Sage Senior Sayings

— By Don Crouse (President of CSR School of Whining)

Old age is coming at a really bad time.

Becoming an adult is the dumbest thing I've ever done.

So, you drive across town to a gym to walk on a treadmill?

Take two aspirin and keep away from children (as the bottle says)

The road is paved with flat squirrels who couldn't make a decision.

Today's 3-year-olds can open their favorite apps. When I was 3, I ate mud.

If God wanted me to touch my toes, He would've put them on my knees.

Last year I joined a support group for procrastinators. We haven't met yet.

Why press one for English when you just get someone you can't understand anyway?

Even duct tape can't fix stupid – but it sure does muffle the sound.

Lately, you've noticed that people your age are so much older than you.

"One for the road" means peeing before you leave the house.



Robert's Rules of Origins

This Rotary year, our President has declared that CSR shall become known as the Club that is "Second to None".

It turns out, that the phrase "Second to None" was first used by William Shakespeare circa 1589-1594. It appears in his written work titled "The Comedy of Errors". In that work, the phrase was used by the character Angelo to speak positively on behalf of another character Antipholus.



Member of the Day

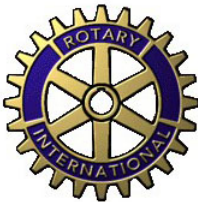
Ted DeWitt was born and raised in Chicago, Illinois and works in the photo engraving and printing industries. He moved for a new position in California in '98 and worked with major commercial printers in the Los Angeles area as plant manager, general manager, and VP manufacturing.

In 2009, he opened Signarama in Covina and Expanded in 2014 and again in 2022 with additional floor space and equipment. He now has five employees with revenues over one million dollars and was named 2022 Covina Business of the year. Recently, he was responsible for creating and donating much signage for our Mardi Gras fundraiser.



Calendar of Upcoming Events

06/23 CSR Kickout of Robert Avila (again)!!!



Covina Sunrise Rotary
District 5300
Post Office Box 1875
Covina, CA 91722
(626)674-6203
Email: csr@covinasunriserotary.com

Meeting Time: Tuesday 7:15am
District Field Conference Center
220 W. Puente Avenue
Covina, CA 91723

2024-2025 Board of Directors

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