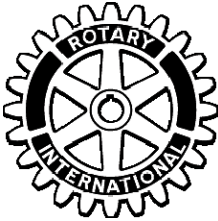


FRESH SQUEEZE

Volume I, Issue II

July 8, 2003



*Welcome to the
New Fresh
Squeeze!!!*

*We need content!
Send all news,
events and ANY
items of interest
to the editor and
see your words in
print!*

*Newsletters are
now available
on the CSR
Website!!!*

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Website Gets Updated!!

Due to increasing public outcry, the CSR website has finally been updated to include some of the more recent events in clubdom. Notably, the 2003 Auction At The Aviary photos have been published for all to see. In addition a few newsy tidbits have been included.

Sorely lacking still, are bio's from several of the club's Members page. If you haven't submitted your bio, please get on board and submit some information about your-



self to the Webmaster. The info is great for new (and old) members to peruse in order to get to know the people they meet with each week. Also, if you haven't had your photo taken for the website, see Terry. Since the Members section of the website will be updated in the next few days, you won't want to be left out!

Upcoming Events and Dates

- Wednesday, July 9th — Board Meeting 7:15am @Coco's
- July 26th — Pico Rivera Chartering Ceremony / Dinner
- August 9th — "The Producers" field trip
- October 19th — Xmas in October at Kellogg Mansion

The President's Message

The Wheelchair Foundation drive got off to a great start last Tuesday, 27 Rotarians pledged \$75.00 each towards our goal of donating 40 wheelchairs. If you need more information, please see Don Boline.

Another way to get to our goal is to donate the \$75 in the name of a loved one. We all have friends and family who have more than they need already. The person whose name you donate in will get a nice certificate along with a picture of the person who receives the chair. What better gift to give than the gift of mobility.

Vikki Stapleton is out of town this week, so our pledge sheets for fines, Tex Everson and Paul Harris will be



passed around next week. Remember, monthly board meeting is tomorrow at 7:15am at Coco's. Robert Avila and Terry Wysocki are trying to set up some fellowship trips and dinners. If you have any

suggestions please call them.

Thank you to Owen King for setting up the CPR class. Over 20 Rotarians, guests and a certain plumbing company attended and got certified in

infant, child and adult CPR along with choking safety. Ask around on who was there, you might want to make sure you sit next to the right person at your next meal.

— John N. Pellizzon

Hugh's Trivia of the Week

This month marks the 40th anniversary of the U.S. Postal Service's ZIP code system. For ONE MILLION DOLLARS, what does the acronym ZIP stand for? (answer on page four).



Computer Tips From TRW

(Terry R. Wysocki)

Ever have a CDROM that didn't work anymore? It's usually because of scratches on the bottom surface of the disk. Take a MILDLY abrasive car polish and gently polish out the scratches on the bottom. The data layer is actually on the top, below the label, above the plastic, so it won't be harmed. This technique also works on audio CD's and DVD's that you're having trouble with.

Today's Program

Today's speaker is Mr. Robert Gilkey, a member of the National Alliance for the Mentally Ill (www.nami.org) and the Gavel Club at Pacific Clinics. His topic will be "Stigma" and it should open a lot of eyes and, hopefully, minds.



Meeting Assignments

	PROGRAMS	SETUP	RAFFLE
JULY 2003	Wysocki	TBA	Mejia
AUGUST	TBA	Boline	Morales, R
SEPTEMBER	TBA	TBA	Burlingame
OCTOBER	Metz	Roach	Duncan
NOVEMBER	Perez	Gaynor	TBA
DECEMBER	Cooper	Starns	Morales, M
JANUARY 04	Von	Crouse	Staggs
FEBRUARY	Roach	Marino	Gee
MARCH	Morgan	Metz	Starns
APRIL	Uptergrove	Skurow	Perez
MAY	Falls	Femino	Femino
JUNE 2004	Kemp	Mejia	Pampu

Little Known Definitions:

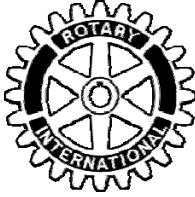
The plastic things on the end of shoelaces are called aglets.
 The ridges on the sides of coins are called reeding or milling.
 The side of a hammer is a cheek.
 The symbol on the "pound" key (#) is called an octothorpe.
 The white part of your fingernail is called the lunula.
 Month, Orange, Silver, and Purple: All have no rhymes

The term "the whole 9 yards" came from W.W.II fighter pilots in the South Pacific. When arming their airplanes on the ground, the .50 caliber machine gun ammo belts measured exactly 27 feet, before being loaded into the fuselage. If the pilots fired all their ammo at a target, they went "the whole 9 yards."

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2003 Board of Directors

John Pellizzon, President
Shirley Von, Vice President
Ed Cooper, President Elect
Vikki Stapleton, Secretary
Bill Hubbert, Treasurer
Robert Avila, Director, Club Service 'A'
Terry Wysocki, Director, Club Service 'B'
Owen King, Director, Community Service
Laura Pampu, Director, Vocational Service
Don Boline, Director, International Service
Pamela Pomeroy, Executive Director, Operation Santa Clothes
Tim Burlingame, Chairman, Tex Everson Humanitarian Endowment
Don Crouse, Chairman, Paul Harris Foundation

TRIVIA ANSWER:

Zone Improvement Plan

Meeting Time: Tuesday 7:15am
South Hills Country Club
2655 South Citrus Avenue
West Covina, CA 91791

Board of Directors meets every
second Wednesday at 7:15am at:
Coco's Restaurant
Azusa Avenue at Badillo
Covina, CA 91723